

BHS Clearing Codes

Addictive Craving	There is always a polarity reversal in an addiction. Toxins frequently bring cravings back. sh e eb if e oe a c 9g
Anger	eb e g50 sh g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un sh un
Anxiety	Frequently a toxin issue. eb sh g50 eb e mf sh if e eb e c e oe a c 9g
Bacterial Infection	Also recite Virus code, as viruses and bacteria often go hand in hand. sh mf eb e if e oe a c 9g g50 sh if lf eb e if eb if e oe a c 9g un sh un either chakra pattern
Balancing Hormones	This is the only code that frequently tests as being necessary to repeat 3 or 4 times a week for 2 to 4 months. sh eb e g50 sh g50 sh eb e sh if oe a c 9g un un either chakra pattern
Bites and Stings	This code will help with the discomfort from bites and stings. Read it as often as you like, but start with 3 times as soon as you are aware of the bite or sting. un lf g50 lf g50 sh if eb if eb if g50 sh if eb if eb if lf eb sh eb sh if oe a c 9g un sh un
Depression	sh g50 eb sh if g50 if oe a c 9g un if g50 eb if oe a c 9g
Fear	e mf sh if eb sh eb if e oe a c 9g
Forgiveness	lf g50 9g eb 3rd eye g50 sh un if eb heart liver 3rd eye mf lf if thymus sh g50 3rd eye heart oe e a c 9g un sh un chakra pattern #2, three times
Hidden Bacteria	sh if eb if eb sh if g50 if g50 sh if eb if eb sh if g50 if g50 sh if oe a c 9g un sh un chakra pattern #1, two times
Hidden Virus	sh eb e g50 sh g50 sh if e mf lf g50 sh e g50 sh if e mf lf g50 sh eb e g50 sh if e mf lf g50 sh e g50 sh eb e g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un un either chakra pattern
Immune System Booster	sh if eb mf sh if e eb e sh if e oe a c 9g un either chakra pattern
Influenza Virus + COVID-19	sh e eb g50 sh eb e g50 sh if e mf lf 3rd eye g50 sh e g50 sh g50 sh if e mf lf liver g50 sh e g50 sh if e mf lf g50 sh e g50 sh if oe a c 9g un sh un either chakra pattern, two times
Jet Lag	Also use Inhalant and Ingestant codes as the air and food on airplanes often needs clearing. (West to East) sh mf if eb sh if eb e if e oe a c 9g standard chakra pattern (East to West) sh mf eb e if e sh if e oe a c 9g either chakra pattern
Pain (Emotional)	sh mf g50 eb sh if e oe a c 9g
Pain (Physical)	un if g50 sh if eb if oe a c 9g

Pit Viper Anti-Venom	sh g50 ch un g50 3rd eye eb th a c 9g un sh un
Poison Ivy & Poison Oak	If you get into one of these toxic plants, make sure you wash the area with a good soap as the toxins are oil based and stick to the skin and spread when touched to other areas. Read the code as often as needed. mf g50 sh g50 sh if eb if eb if liv g50 sh g50 sh if eb if eb sh if oe a c 9g un sh un
Stress	This code balances the hypothalamus (which is the true master gland), your hormones and most neurotransmitters, thereby, releasing stress and moving your system into a peaceful state. Simply place a finger under the upper lip between the two front teeth, then read the following code three times. Do this as often as needed. This will help to release stress in the present moment as well as that from old trauma that may be activated by things like family gatherings and celebrations. sh g50 sh if g50 sh eb if eb if eb sh if sh if g50 if sh if eb if eb if eb oe a c 9g un sh un
Sunburn	Read the code as often as is helpful, but at least twice in a row, three times daily. First read the code normally; the second time read it silently, with the tip of the tongue touching the roof of the mouth just behind your front teeth. This is the hypothalamus touch point and doing this will help with relieving the sunburn pain when you are sleeping. Un sh g50 sh g50 sh if eb if eb if If sh if g50 sh if eb if eb if oe a c 9g un sh un
Toxic Energy (From People)	un g50 eb sh if If if sh g50 eb sh if If if oe sh if eb sh eb sh eb sh eb if If sh if eb if eb if e oe a c 9g either chakra pattern
Toxin Clearing Algorithm (General)	sh mf eb if eb if e sh if e oe a c 9g g50 sh un sh un sh un if eb if eb sh if e oe a c 9g un sh un either chakra pattern
Toxins – Residue	g50 sh if e eb e sh if e oe a c 9g g50 eb e mf sh if e oe a c 9g either chakra pattern
Toxins – Contactants (anything that touched skin)	sh un sh un if eb e if e eb e if e oe a c 9g un sh un either chakra pattern
Toxins – Inhalants (anything inhaled)	sh mf if mf eb if mf sh if e oe a c 9g un sh un either chakra pattern
Toxins – Ingestants (anything ingested or put in mouth)	sh mf sh mf if eb if eb if eb e sh if eb e if e oe a c 9g either chakra pattern
Toxins – Injectants (Bites)	sh if g50 eb sh if If if sh eb e if If eb sh if If eb sh if g50 eb If sh if If sh if eb e If sh if e oe a c 9g un either chakra pattern
Trauma/HS Clearing Code	eb if If sh eb e mf sh if oe a c
Virus	Recite Bacterial Infection code also, as bacteria and viruses are often found in tandem. sh eb if sh if e If sh if e oe a c 9g g50 sh if eb e if eb e if e oe a c 9g un g50 sh g50 sh if eb e if e oe a c 9g un sh un either chakra pattern

